

Track: 01BTT-Sevilla-Real de la Jara.GPX

Date: 28/05/2015

Track: 01BTT-Sevilla-Real de la Jara.GPX

Detected modality = BYC

IBP index reliability= A

**IBP = 103 BYC**

Total length	83.739 Km
Analyzed distance	83.739 Km
Lineal distance	64.449 Km

Accumulated climb	1332.13 m
Accumulated descent	919.2 m
Maximum height	506.6 m
Minimal height	-31 m
Climb rate	5.54 %
Descent rate	5.41 %
Positive climb difference per	15.91 m
Negative descent difference per	10.98 m

Total time	7:46:31 h
Time in movement	5:45:37 h
Stopped time	2:00:54 h

Total speed average	10.77 Km/h
Average speed in movement	14.54 Km/h
Maximum held speed	49.56 Km/h

Max slope filter	~30 %
Min. pnts separation	~30 m
Number of points	8692 (cad. 9.63 m)
Significant points	2220 (cad. 37.74 m / 25.54 %)
Aberrant points	350 (4.03 % d. total)

Direction changes per	11.94
Direction changes >5° per	5.33
Accumulated straight stretches	32.838 Km
Straight stretches per	392.15 m
Penalizable slope changes	12
Penalizable slope changes per	0.143

Find The Best bike routes



Summary of slopes	Climbs	Distance in Km	above the total in %	Speed in	Time h:m:s
	Between 15 and 30%	0.687	0.82	6.54	0:06:18
	Between 10 and 15%	1.391	1.66	8.23	0:10:09
	Between 5 and 10%	10.195	12.17	10.53	0:58:05
	Between 1 and 5%	11.773	14.06	13.08	0:54:00
	<b>Total :</b>	<b>24.047</b>	<b>28.72</b>	<b>11.23</b>	<b>2:08:32</b>
	<b>Plain</b>				
	Difference of 1%	42.702	50.99	15.46	2:45:45
	<b>Breakdown descents</b>				
	Between 1 and 5%	8.387	10.02	21.85	0:23:02
	Between 5 and 10%	7.376	8.81	20.15	0:21:58
Between 10 and 15%	0.657	0.78	12.99	0:03:02	
Between 15 and 30%	0.571	0.68	10.38	0:03:18	
<b>Total :</b>	<b>16.99</b>	<b>20.29</b>	<b>19.86</b>	<b>0:51:20</b>	
<b>Total track :</b>	<b>83.739</b>	<b>100 %</b>	<b>14.54</b>	<b>5:45:37</b>	

Track: 01BTT-Sevilla-Real de la Jara.GPX

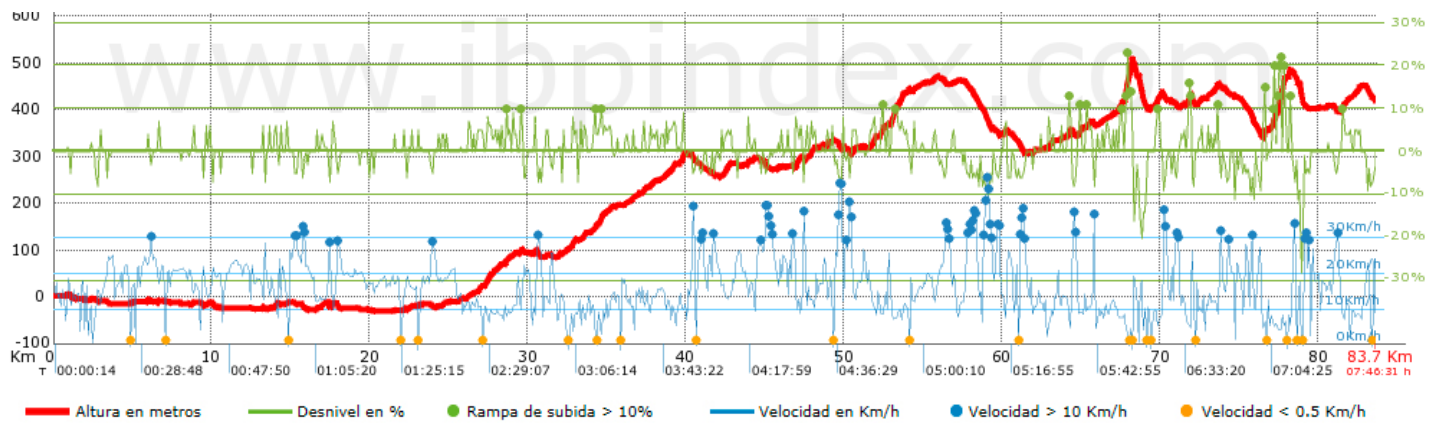
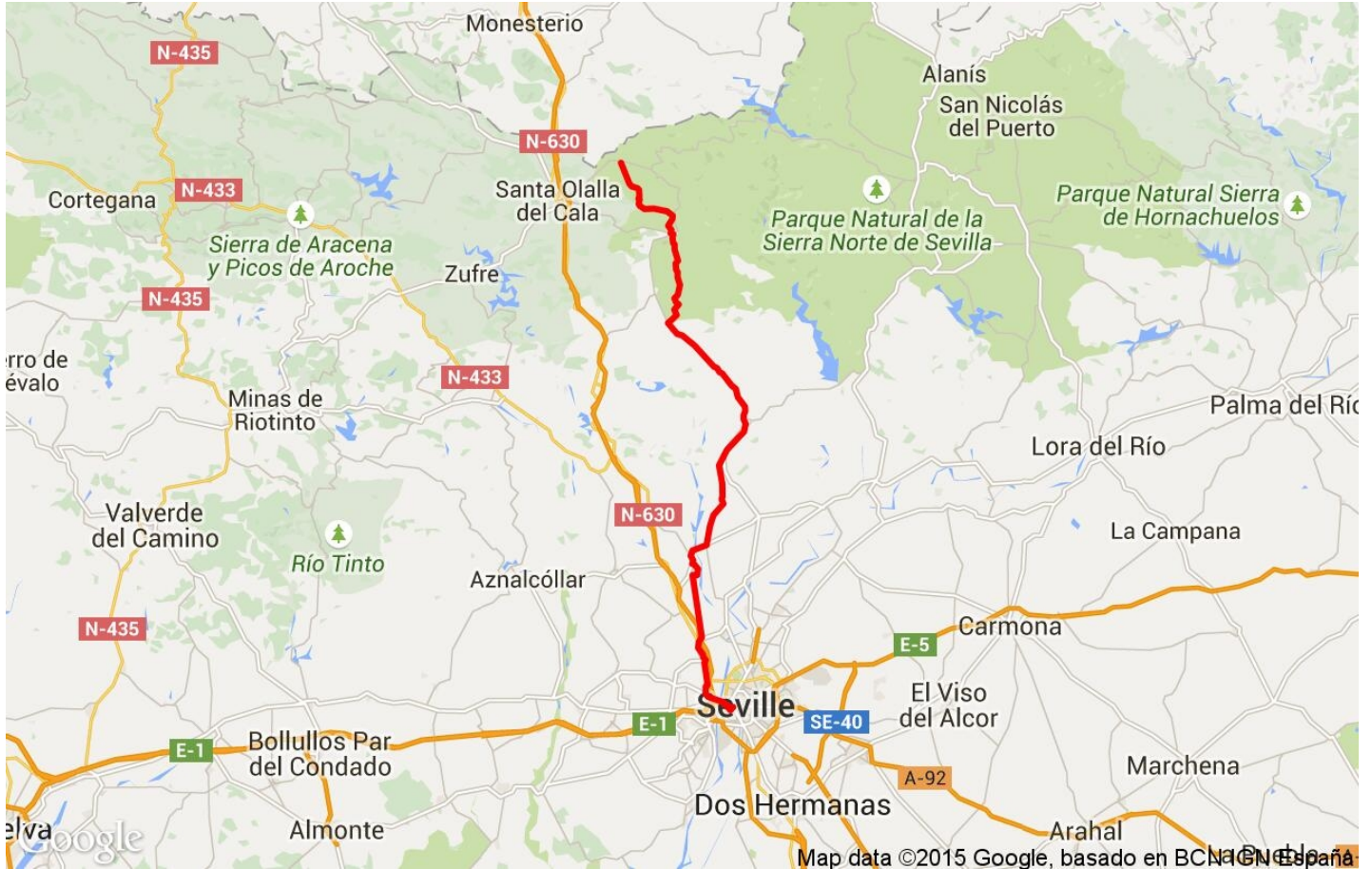
Date: 28/05/2015

Track: 01BTT-Sevilla-Real de la Jara.GPX

Detected modality = BYC

IBP index reliability= A

**IBP = 103 BYC**



High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
Total : 0 Km    --- %    --- h    --- Km/h    --- h    --- h    --- Km/h							

Stops						
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance	
4.806	0:01:58	-13	0:23:04	0:23:04	4.806	
6.968	0:01:53	-9	0:32:16	0:09:12 < 10'	2.162	
14.753	0:01:42	-14	0:59:20	0:27:04	7.785	

21.92	0:01:24	-29	1:23:14	0:23:54	7.167
23.037	0:40:24 > 10´	-20	1:29:06	0:05:52 < 10´	1.116
27.125	0:01:35	22	2:24:07	0:55:01	4.088
32.481	0:07:43	100	2:54:04	0:29:57	5.357
34.266	0:02:51	146	3:13:27	0:19:23	1.784
35.811	0:07:12	196	3:24:38	0:11:11	1.545
40.57	0:15:55 > 10´	293	3:52:16	0:27:38	4.759
49.31	0:02:05	334	4:33:46	0:41:30	8.739
54.136	0:01:53	444	4:54:48	0:21:02	4.826
60.975	0:01:19	334	5:18:19	0:23:31	6.839
67.974	0:02:20	455	5:54:42	0:36:23	6.999
68.239	0:11:49 > 10´	502	5:59:06	0:04:24 < 10´	0.265
69.065	0:02:24	413	6:14:34	0:15:28	0.825
69.373	0:04:12	400	6:18:17	0:03:43 < 10´	0.308
72.165	0:01:33	415	6:37:34	0:19:17	2.792
76.673	0:01:33	353	7:00:01	0:22:27	4.508
77.967	0:04:17	468	7:12:27	0:12:26	1.294
78.608	0:01:24	468	7:19:34	0:07:07 < 10´	0.642
79.012	0:01:50	422	7:24:08	0:04:34 < 10´	0.404
83.439	0:01:38	427	7:44:05	0:19:57	4.427
<b>Total : 2:00:54 h</b>					